



TRIESTE SUMMER SCHOOL

“Quality of Life”

Trieste, 14-21 July 2002

Organizer and co-ordinator

Maria Cristina Pedicchio

Lecturer, University of Trieste

President of Erdisu Trieste

SUNDAY 14 JULY 2002

Participants' arrival and registration

MONDAY, 15 JULY 2002

***University of Trieste – Building H3
Piazzale Europa, 1 - Trieste***

9.30 – 13.00

Welcome addresses:

MARIA CRISTINA PEDICCHIO, Lecturer, Università di Trieste – President of Erdisu Trieste

LUCIO DELCARO, Chancellor of the University of Trieste

Session: ECONOMICS

Introduction:

MARIA CRISTINA PEDICCHIO, Lecturer, Università di Trieste – President of Erdisu Trieste

Main speaker:

- DOMINICK SALVATORE, Fordham University, New York, USA
“Globalization, American and European model and quality of life”

Coffee break

ROUND TABLE

Moderator: GIANFRANCO FABI, Deputy Editor, Il Sole 24Ore, Milan, Italy

- DOMINICK SALVATORE, Fordham University, New York, USA

- GIANLUIGI CECCHINI, Lecturer, University of Trieste, Italy
- MARIA PAOLA PAGNINI, Lecturer, University of Trieste, Italy
- GIULIO CIFARELLI, Lecturer, University of Florence, Italy
- LUCIO LAURETI, Lecturer, University "G.D'Annunzio", Chieti

ABSTRACT

During the past decade there has been a very rapid globalization in the world economy, as reflected in a massive increase in international trade in goods and services, in the flow of financial capital and direct investments, and in the movement of people. Globalization was made possible by the revolution in telecommunications and transportation and by the liberalization of international trade and financial markets and resulted in a sharp increase in labor productivity and in the creation of the "new economy", especially in the United States. A contrast seems, however, to have developed between the so-called American model and the European model, whereby the first tends to lead to a higher rate of economic growth and job creation while the second seems to lead to more job security and to generally a better quality of life. The challenge for this century is how to reconcile more growth and job creation with more protection for workers and a higher quality of life, with a more equal distribution of the benefits of globalization among the people of rich and poor countries and protection for the environment.

15.30 – 19.00

Session: SOCIOLOGY

Introduction:

MARIA CRISTINA PEDICCHIO, Docente, Università di Trieste – Presidente Erdisu Trieste

Main speakers:

- VACLAV BELOHRADSKY, Lecturer, University of Trieste, Italy
"Globalization: a non-apologetic definition"
- DANIELE UNGARO, Lecturer, University of Teramo, International Diplomatic Sciences Gorizia, Italy
"Stakeholders and shareholders. Today's new social division"

Coffee break

ROUND TABLE

Moderator: DANIELE UNGARO, Lecturer, University of Teramo, International Diplomatic Sciences Gorizia, Italy

- VACLAV BELOHRADSKY, Lecturer, University of Trieste, Italy
- ANNA LINDA MUSACCHIO ADORISIO, International Diplomatic Sciences, Gorizia, Italy
- LORENZA DAFFARA, World Trade Center Friuli – Venezia Giulia, Trieste, Italy
- MARIELLA NOCENZI, Researcher, University "La Sapienza", Rome, Italy

ABSTRACT:

One of the most recent, increasingly deep, social fractures is the one between those who hold financial shares on the stock markets (shareholders) and those who hold a non-monetary "stake" as citizens, workers, consumers (stakeholders). In the first case the remunerative features of the financial risks become the only possible objectives of any type of political and economic action. In the second case, values that cannot be linked to prices and monetary profits (quality of life, sustainable environment, rights and opportunities), interpreted as public properties, claim their

priority on the creation of financial values. The new frontiers of the social, political, environmental and economic risks, as well as those related to the standards of living, deal with the scopes of action in which the shareholders' interests are radically different than those of the stakeholders.

<p>21.00 Concert by Conservatorio "G. Tartini" Sala Tripovich – Piazza Libertà, 11 - Trieste</p>

TUESDAY, 16 JULY 2002

**Auditorium, AREA Science Park
Padriciano, 99 - Trieste**

9.30 – 13.00

Session: LIFE SCIENCES

Introduction:

MARIA CRISTINA PEDICCHIO, Docente, Università di Trieste – Presidente Erdisu Trieste

Main speaker:

- EDOARDO BONCINELLI, Director, ISAS International School of Advanced Studies, Trieste, Italy
"Human genome"

Coffee break

ROUND TABLE

Moderator: EDOARDO BONCINELLI, Director, ISAS International School of Advanced Studies, Trieste, Italy

- MAURO GIACCA, ICGEB, International Center for Genetic Engineering and Biotechnology, Trieste, Italy
- MAURO GRAZIANI, Dean, Faculty of Mathematics, Physics, Natural Sciences, University of Trieste, Italy
- BRUNO CATALETTO, Researcher, Marine Biology Laboratory Trieste, Italy
- ALBERTO PIAZZA, Department of Genetics, Biology and Biochemistry, University of Torino, Italy

ABSTRACT

In a few years, from the Cinderella of the world of sciences, Biology has acquired a respectable status, increasingly in the limelight. All this has to be seen from a positive point of view, even though fame has led to a certain degree of complexity and to multiple scientific and non-scientific debates. Today's Biology has a strong impact on the sector of agribusiness, on the protection of the environment and on human and domestic animals' health. Even though the first aspect is more interesting, the other two seem to affect more our present and even more our future. The protection of the environment in which our children will live and the prospects we offer as far as length and quality of life are concerned, seem to be among the topical issues of a conscious and credible planning of our future.

WEDNESDAY, 17 JULY 2002

Auditorium, Revoltella Museum
Via Diaz, 27 - Trieste

9.30 – 13.00

Session: ARCHITECTURE

Introduction:

MARIA CRISTINA PEDICCHIO, Docente, Università di Trieste – Presidente Erdisu Trieste

Main speaker:

- MASSIMILIANO FUKSAS, Architect Rome-Paris
“*Caos sublime*” (*sublime chaos*)

Coffee break

ROUND TABLE

Moderator: STEFANO CASCIANI, Deputy Editor “Domus”, Lecturer, Milan Polytechnic, Italy

- MASSIMILIANO FUKSAS, Architect Rome-Paris
- MAURIZIO BRADASCHIA, Lecturer, University of Trieste – Town Councillor for Urban Planning, Trieste, Italy
- LIVIO SACCHI, Lecturer, University “G. D’Annunzio”, Chieti, Italy
- GIACOMO BORRUSO, Dean of the Faculty of Architecture, University of Trieste, Italy
- PIERPAOLO FERRANTE, President EZIT (Agency for the Industrial Area of Trieste), President of TriestExpo, Trieste, Italy

ABSTRACT

Contemporary cities as deliberate interpretations of the sublimation of “chaos”.

Mobility, fluxes, globalization are terms of comparison of (re)design and “control” for the enhancement of the quality of life in the spreading of urban sprawl.

Democracy and society as the best interpreters and final “users” of the “space” of the new millennium.

THURSDAY, 18 JULY 2002

Auditorium, AREA Science Park
Padriciano, 99 - Trieste

9.30 – 13.00

Session: PHYSICAL EDUCATION AND SPORT

Introduction:

MARIA CRISTINA PEDICCHIO, Docente, Università di Trieste – Presidente Erdisu Trieste

- SEVERINO MAISTRELLO, Expert of Oriental Arts, Padua Italy
“Tai-chi-chuan demonstration”

Main Speakers:

- FRANCO MAURO, Lecturer, Physical Education – University of Milan, Italy
Member of the Coordinating Group – European Network of Physical Education
“A better quality of life thanks to physical and sports activities”
- SERGIO PIVETTA, National President of Graduates in Physical Education, Expert of Physical Education, Milan, Italy
“Posture control and protection of the back at school, at work, during one’s life”

Coffee break

ROUND TABLE

Moderator: MARCO DRABENI, Councillor of the Province of Trieste for education ,promotion of physical education, policies for the disabled, President of ATIEF (Local Association of Physical Education Teachers)/Director Centro Studi e Biblioteca Prevenire

- FRANCO MAURO, Lecturer, Physical Education – University of Milan, Italy
Member of the Coordinating Group – European Network of Physical Education
- SERGIO PIVETTA, National President of Graduates in Physical Education, Expert of Physical Education – Milan, Italy
- SEVERINO MAISTRELLO, Expert of Oriental Arts, Padua Italy
- AURO GOMBACCI, Director of the Regional Centre for Sports Medicine, Trieste, Italy
- GIORGIO DANNISI, Director of the Project on Sports, Solidarity and Disabled, Udine, Italy
- GIULIANA PREGELLIO, Vicepresident, National Association of kinesiologists, Section of Trieste, Italy

ABSTRACT

Because of the reduced movement in today’s living habits, children, teenagers and people in general are increasingly affected by several physiological, psychological and relational problems that sometimes might turn into future pathologies, with negative personal and social consequences, thus affecting everybody’s well being and health. Therefore focussing on the need for a correct physical and sports activity (considered as two different activities) is extremely important to foster growth and life with many physiological, psychological, social and emotional stimuli. At last, a suitable knowledge of the correct postures and actions to protect our back is extremely important as it is one of the greatest problems due to today’s life.

15.30 – 19.00

Session: FOOD AND NUTRITION

Introduction:

MARIA CRISTINA PEDICCHIO, Docente, Università di Trieste – Presidente Erdisu Trieste

Main Speaker:

- SALVADOR ZAMORA NAVARRO, Lecturer, Universidad de Murcia, Director, Grupo Internacional de la Nutrición, Director, Universidad Internacional del Mar de Murcia, Spain
“Mediterranean diet and health. – Functional and transgenic food”

Coffee break

Round Table

- SALVADOR ZAMORA NAVARRO, Lecturer, Universidad de Murcia, Director, Grupo Internacional de la Nutrición, Director, Universidad Internacional del Mar de Murcia, Spain
- FRANCISCA PEREZ-LLAMAS, Lecturer, Universidad de Murcia, Spain

ABSTRACT

The Mediterranean diet is characterised by the inclusion of bread and wine in the daily meal, the high consumption of a variety of fruits and vegetables, the use of olive oil for cooking, the frequent consumption of legumes, fish and fermented dairy products together with a low intake of meat. This diet is internationally recognised as the model of a healthy diet for the prevention and the treatment of degenerative disorders (cardiovascular diseases, obesity, osteoporosis, diabetes and cancer), which are the principal causes of death in the developed countries.

One of the most important studies on this topic was the so-called “7- country study” in which individuals were followed for 15 years in Finland, Holland, Italy, Greece (Crete), ex-Yugoslavia, Japan and USA. The study highlighted the great differences in the risks of coronary death, ranging from 97.1/1000 inhabitants in Finland to 38/1000 in Crete.

However, the Mediterranean Diet is only one aspect of a mixture of cultures, religions and traditions. It is a way of life, a combination of variety and moderation, a way of preparing food (boiled, roasted, fried, smoked, salted, dressed, macerated and cured), eating slowly, walking in the sun (thanks to our benign climate), taking a siesta and, of course, bathing in the warm water of the Mediterranean Sea.

FRIDAY, 19 JULY 2002

Free programme

SATURDAY, 20 JULY 2002

***Region Friuli – Venezia Giulia
Piazza Unità d’Italia, 1 - Trieste***

9.30 – 13.00

Session: *POLITICS*

Introduction:

MARIA CRISTINA PEDICCHIO, Docente, Università di Trieste – Presidente Erdisu Trieste

Main Speakers:

- EDWARD N. LUTTWAK, Center of Strategic and International Studies, Washington D.C. Advisor to the White House, USA
- PREDRAG MATVEJEVIC, Sorbonne University, Paris – University La Sapienza, Rome
“New geo-political scenarios: economic and cultural challenges”

Coffee break

Round Table

Moderator: LUCIO GREGORETTI, Town Councillor for Human Resources and Organization, Trieste, Italy

- EDWARD N. LUTTWAK, Center of Strategic and International Studies, Washington D.C. Advisor to the White House, USA
- PREDRAG MATVEJEVIC, Sorbonne University, Paris – University La Sapienza, Rome
- ROBERTO ANTONIONE, Undersecretary, Ministry for Foreign Affairs, Rome, Italy
- PIERO DELLA VALENTINA, President, Confederation of Entrepreneurs, Pordenone, Italy

ABSTRACT

Human history is experiencing a period of strong acceleration and an irreversible epochal change is taking place. New geo-political scenarios are re-designing international political relations, while a closer economic interdependence is developing, together with a cultural fragmentation.

Extraordinary changes have re-designed the global map of ideologies by supplying new opportunities for development and new prospects for the solution of current conflicts. Yet peace and coexistence remain an objective difficult to achieve for many countries. Eradication and exile continue to be a destiny for many people whose sufferings are concealed by more immediate issues. These changes – the technologic revolution, the great transformation of productive systems, the expansion of communication – disseminated knowledge and increased the general well being, while highlighting social contradictions.

Which forms of conflicts and new regulations of reality are brought about by the new global scenarios? What are the strategies in the relations between the different countries? How can the markets' development be reconciled with the universality of human rights and the cultural peculiarities of the different countries?

SUNDAY, 21 JULY 2002

Participants' departure

Organizing Secretariat

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